

**SOME BIOCLIMATIC CHARACTERISTICS OF MARTVILI CANYON
(WESTERN GEORGIA)**

¹Nana R. Bolashvili, ²Victor A. Chikhladze,

^{3,4}Ketevan R. Khazaradze, ¹Zaza I. Lezhava, ¹Kukuri D. Tsikarishvili

¹Vakhushti Bagrationi Institute of Geography of Tbilisi State University, Tbilisi, Georgia

²Mikheil Nodia Institute of Geophysics of Tbilisi State University, Tbilisi, Georgia

³Ministry of Labor, Health and Social Affairs of Georgia, Tbilisi, Georgia

⁴Georgian State Teaching University of Physical Education and Sport, Tbilisi, Georgia

Introduction

The bioclimatic properties of locality, and especially health resort-tourism zones, are frequently characterized by so-called equivalent-effective temperature of air (EET) [5–7, 9] and content of light ions in atmosphere [1-4, 8]. EET is the combination simultaneously observed air temperature, relative humidity and wind speed. Six basic gradations of EET are separated: < 1° - Sharply coldly, 1-8° - Coldly, 9-16° - Moderately coldly, 17-22° - Comfortably, 23-27° - Warmly, > 27° - Hotly [6, 7, 9].

The content of light ions in the atmosphere (n_+ - positive ions concentration, n_- - negative ions concentration) plays important role in molding of the physiological state of population. If sum light ions concentration $n_{+/-}$ is < 600 cm⁻³ (n_+ =300, n_- = 300, less than the minimum level), their physiological action on the human organism is the following: fatigue, weakening attention, retarding of reactions, worsening in the memory, headache, the disturbance of the regime of blood pressure, etc. When $n_{+/-}$ is 1000-8000 cm⁻³ (n_+ =400-3000, n_- = 600-5000, minimally necessary – optimum levels) their physiological action on the human organism is positive and has sanitation-preventive and therapeutic effect: optimization of blood pressure, positive influence on the course of the diseases of respiratory organs, such as: bronchial asthma, antiseptic action, etc. [1, 3, 4].

The data about air equivalent-effective temperature and light ions concentration for the Martvili Canyon (Western Georgia) are presented below.

The region of studies, material and methods

The Martvili Canyon is named after the nearby town of Martvili located in Samegrelo-Zemo Svaneti region of Western Georgia, in 280 km from Tbilisi (fig. 1). Over millions of years the spectacular canyon, reaching a depth of 40 meters, caves and waterfalls were formed by the Abasha River and feature beautiful green and blue colors. The total length of the canyon is one kilometer. In the upper part of the canyon seven meter high powerful waterfall is located (fig. 2).



Fig. 1. Location Martvili town relative to Tbilisi.



Fig. 2. Some places of Martvili Canyon.

For the EET calculation data of Hydrometeorological Service of Georgia about the monthly average values of the air temperature, relative humidity and wind speed was used. Values of EET calculated according to the formula, represented in [9]. Light ions concentration (cm^{-3}) measurements with the aid of the portable ions counter of the production of firm “AlphaLab, Inc.”

are conducted. The single measurements of the light ions concentration in air in the Martvili Canyon in summer 2015 were carried out.

Results and discussion

Information about monthly average values of EET in day hours in fig. 3 is represented.

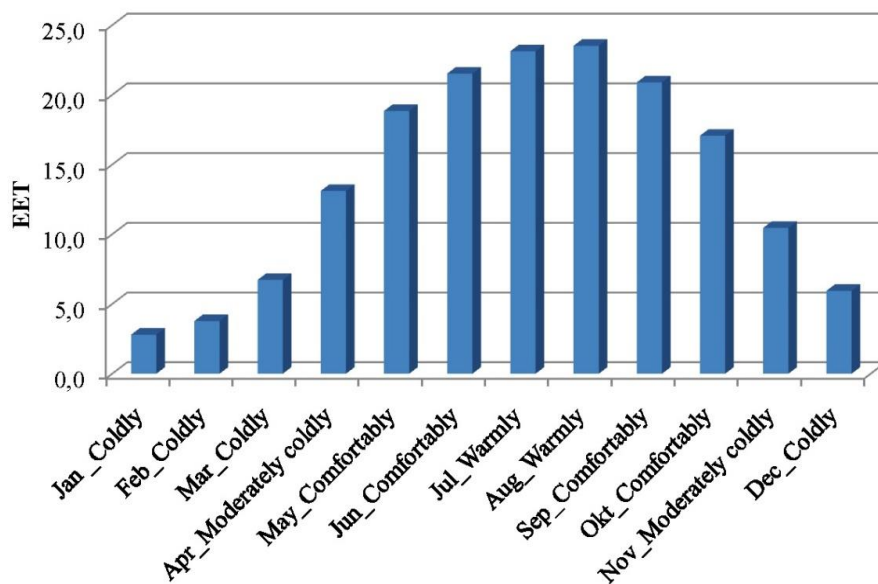


Fig. 3. Monthly average values of EET in day hours in Martvili.

As follows from fig. 3 the average monthly values of EET for the day hours vary from 2.8° (category "Coldly", January) to 23.5° (category "Warmly", August). Comfortable thermal regime during May, June, September and October is observed.

The concentration of sum light ions in air on the surface of river and waterfall inside the canyon varies from 1410 to 2460 cm⁻³ ($n_+ = 180 \div 730$, $n_- = 1100 \div 1730$ cm⁻³), which is above the standard minimally necessary for the health of people [1, 3, 4].

Conclusion

Comfortable thermal conditions in the day hours in Martvili Canyon during May, June, September and October observed. The preliminary data of the measurements of the content of light ions in air in Canyon showed, that in the calm weather the ionization level of air above minimally of necessary, that favourably for the health of people. At present vigorously is developed the infrastructure around the Canyon, which facilitates the use of this place for leisure and tourism the year round. Therefore it is important to maximally use bioclimatic resources of Canyon for expanding its health resort-tourist potential.

Key words:

Equivalent Effective Temperature, small ions, health resort- tourism potential

References

1. Amiranashvil A.G., Amiranashvil V.A., Bliadze T.G., Tarkhan-Mouravi I.D., Chikhladze V.A. Content of light aeroions in some health resort and tourist zones in Borjomi and Tbilisi // Actual Problems of Pathology, Therapy and Medical Rehabilitation, Collection of Scientific Articles.- Tbilisi-Moscow: TBR-RAM-TS. – 2014. - P. 69-74.
2. Amiranashvili A., Bliadze T., Chankvetadze A., Chikhladze V., Melikadze G., Kirkitadze D., Nikiforov G., Nodia A. Comparative characteristics of light ions content in the urban and ecologically clean locality in Georgia // 14th Int. Conf. on Atmospheric Electricity. Proc. Rio de Janeiro, Brazil, August 07-12. – 2011. <http://www.icae2011.net.br/>.
3. Amiranashvili A., Bliadze T., Chikhladze V. Photochemical smog in Tbilisi // Trans. of Mikheil Nodia Institute of Geophysics of Ivane Javakhishvili Tbilisi State University. Vol. 63, Tbilisi: 2012 - 160 p. (in Georgian).
4. Amiranashvili A.G., Bolashvili N.R., Chikhladze V.A., Japaridze N.D., Khazaradze K.R., Khazaradze R.R., Lezhava Z.L., Tsikarishvili K.D. Some New Data about the Bioclimatic Characteristics of the Village of Mukhuri (Western Georgia) // Journal of the Georgian Geophysical Society, Issue B. Physics of Atmosphere, Ocean and Space Plasma. Tbilisi: – 2015. - Vol. 18B. - P. 107 – 115.
5. Amiranashvili A.G., Chikhladze V.A. Saakashvili N.M., Tabidze M.Sh., Tarkhan-Mouravi I.D. Bioclimatic characteristics of recreational zones – important component of the passport of the health resort – tourist potential of Georgia // Trans. of the Institute of Hydrometeorology at the Georgian Technical University. – 2011. - Vol. 117. - P. 89-92.
6. Amiranashvili A., Danelia R., Mirianashvili K., Nodia Kh., Khazaradze K., Khurodze T., Chikhladze V. On the applicability of the scale of air equivalent- effective temperature in the conditions of Tbilisi city // Trans. of Mikheil Nodia Institute of Geophysics. – 2010. Vol. LXII. -P. 216-220, (in Russian).
7. Amiranashvili A., Mirianashvili K., Fedorova N., Levit V., Fabiana Medeiros Carnaúba, Aliton Oliveira da Silva. Comparative analysis of air equivalent - effective temperature in some cities of Georgia and Brazil. // Int. Conf. “Environment and Global Warming”, Dedicated to the 100th Birthday Anniversary of Academician F. Davitaya. Proc. Collected Papers New Series. Tbilisi: – 2011. - N 3(82). - P. 105-110.

8.Saakashvili N.M., Tabidze M.Sh., Tarkhan-Mouravi I.D., Amiranashvili A.G., Melikadze G.I., Chikhladze V.A. To a question about the organization of ionotherapy at the health resorts of Georgia //“Modern Problems of Using of Health Resort Resources”. Collection of Scientific Works of Int. Conf. - Sairme, Georgia, June 10-13.Tbilisi: – 2010. - P. 168-174 (in Russian).

9. Sheleikhovski G.V. Microclimate of southern cities// M.: - 1948. - P. 118 p., (in Russian).

უაკ 615.834 + 551.58

მ 29

რეზიუმე

მარტვილის კანიონის (დასავლეთ საქართველო) ზოგიერთი ბიოკლიმატური მახასიათებლებელი

¹ნანა ბოლაშვილი, ²ვიქტორ ჩიხლაძე, ^{3,4}ქეთევან ხაზარაძე,

¹ზაზა ლეჟავა, ¹კუკური წიქარიშვილი

¹თბილისის სახელმწიფო უნივერსიტეტის ვახუშტი ბაგრატიონის

გეოგრაფიის ინსტიტუტი, თბილისი, საქართველო

²თბილისის სახელმწიფო უნივერსიტეტის მიხეილ ნოდუას გეოფიზიკის ინსტიტუტი, თბილისი, საქართველო

³საქართველოს შრომის, ჯანმრთელობისა და სოციალური დაცვის სამინისტრო, თბილისი, საქართველო

⁴საქართველოს ფიზიკური აღზრდისა და სპორტის სახელმწიფო სასწავლო უნივერსიტეტი, თბილისი, საქართველო

მოყვანილია მონაცემები ჰაერის ეკვივალენტურ-ფექტური ტემპერატურის (ეეტ) და ჰაერში მსუბუქი იონების შემცველობის შესახებ მარტვილის კანიონის (დასავლეთ საქართველო) მიდამოებში. ნაჩვენებია, რომ დღის საათებში ეეტ-ის საშუალო-თვიური მონაცემები იცვლება 2.8°-დან (კატეგორია “ცივა”, იანვარი) 23.5°-დე (კატეგორია “თბილა”, აგვისტო). კომფორტული თერმული რეჟიმი დაიკვირვება მაისში, ივნისში, სექტემბერსა და ოქტომბერში.

ჰაერში მსუბუქი იონების შემცველობა კანიონში მდინარის ზედაპირთან და ჩანჩქერთან იცვლებოდა 1410-დან 2460-დე ერთ კუბიკურ სანტიმეტრში, რაც აჭარბებს ადამიანის ჯანმრთელობისათვის მინიმალურად საჭირო ნორმას.

საკვანძო სიტყვები: ექვივალენტურ-ეფექტური ტემპერატურა, მსუბუქი იონები, კურორტის ტურისტული პოტენციალი.

UDC 615.834 + 551.58

S 71

SUMMARY

SOME BIOCLIMATIC CHARACTERISTICS OF MARTVILI CANYON (WESTERN GEORGIA)

¹*Nana R. Bolashvili*, ²*Victor A. Chikhladze*,
^{3,4}*Ketevan R. Khazaradze*, ¹*Zaza I. Lezhava*, ¹*Kukuri D. Tsikarishvili*

¹Vakhushti Bagrationi Institute of Geography of Tbilisi State University, Tbilisi, Georgia

²Mikheil Nodia Institute of Geophysics of Tbilisi State University, Tbilisi, Georgia

³Ministry of Labor, Health and Social Affairs of Georgia, Tbilisi, Georgia

⁴Georgian State Teaching University of Physical Education and Sport, Tbilisi, Georgia

The data about air Equivalent-Effective Temperature (EET) and content of light ions in air in the Martvili Canyon environments (Western Georgia) are represented. It is shown that the average monthly values of EET for the day hours vary from 2.8° (category "Coldly", January) to 23.5° (category "Warmly", August). Comfortable thermal regime during May, June, September and October is observed. The concentration of light ions in air on the surface of river and waterfall inside the canyon varies from 1410 to 2460 cm⁻³, which is above the standard minimally necessary for the health of people.

Key words: equivalent effective temperature, small ions, health resort-tourism potential.

РЕЗЮМЕ

**НЕКОТОРЫЕ БИКЛИМАТИЧЕСКИЕ ХАРАКТЕРИСТИКИ МАРТВИЛЬСКОГО
КАНЬОНА (ЗАПАДНАЯ ГРУЗИЯ)**

¹Болашвили Н.Р., ²Чихладзе В.А., ^{3,4}Хазарадзе К.Р.,

¹Лежава З.И., ¹Цикаришвили К.Д.

¹Институт географии им. Вахушти Багратиони Тбилисского государственного университета, Тбилиси, Грузия

²Институт геофизики им. Михаила Нодиа Тбилисского государственного университета, Тбилиси, Грузия

³Министерство труда, здравоохранения и социальной защиты Грузии, Тбилиси, Грузия

⁴Грузинский государственный педагогический университет физической культуры и спорта, Тбилиси, Грузия

Представлены данные об эквивалентно-эффективной температуре воздуха (ЕЕТ) и содержании легких ионов в воздухе в окрестностях Мартвильского каньона (Западная Грузия). Показано, что среднемесячные значения ЕЕТ для дневных часов изменяются от 2.8° (категория “Холодно”, январь) до 23.5° (категория “Тепло”, август). Комфортный термический режим наблюдается в мае, июне, сентябре и октябре.

Концентрация легких ионов в воздухе у поверхности реки и водопада внутри каньона изменяется от 1410 до 2460 см⁻³, что выше минимально необходимой для здоровья людей нормы.

Ключевые слова: эквивалентно-эффективная температура, легкие ионы, курортно-туристический потенциал.